

**INSTRUCTIONS FOR THE COMPLETION OF THE JOB CONTENT WORKSHEET**  
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**Table 1**

| <b>Job Function or potential Hazard/Exposure from Job Content Worksheet</b>                                    | <b>Check when....</b>  | <b>Medical Surveillance Content</b>  |
|--|--|--|
| Ability to quickly evacuate work location  | Work in areas where emergency situations could drive the need to quickly evacuate. This typically would be in work areas where hazardous gases could be released, criticality events or large fires could occur. | Traverse 100 yards expeditiously, unassisted, without stopping                                     |
| Exertion Level – Light   | Lift $\leq$ 20 lb. or frequent lift/carry <10lb.   | Demonstrate ability to lift weight   |
| Exertion Level – Moderate  | Lift $\leq$ 50 lb. or frequent lift/carry <25lb.   | Demonstrate ability to lift weight   |
| Exertion Level – Heavy   | Frequent lift/carry <50lb.   | Demonstrate ability to lift weight   |
| Exertion Level – Very Heavy  | Reserved: Lift >100 lb. or frequent lift/carry >50lb.  | Not permitted under current hazard controls  |
| DOT/CDL Driver   | Drivers of Commercial Motor Vehicles   | DOT Exam (minimum every 24 months)   |
| Crane Operation  | Operators of cranes  | Vision screen, drug test   |
| Respiratory Protection (Negative Pressure, Powered Air Purifying, Airline, Self-Contained Breathing Apparatus) | Any use of respiratory protection  | Initial/annual; SOMD discretion (minimum Part 1 Respirator Questionnaire, pulmonary function test) |
| Hearing Protection   | Exposure to noise levels as an 8-hour time-weighted average (8-TWA) of $\geq$ 85dBA  | Baseline, annual audiogram   |
| Non-Destructive Testing Inspection   | Inspectors designated by Quality Assurance   | Visual acuity, color examination   |

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| <b>Job Function or potential Hazard/Exposure from Job Content Worksheet</b> | <b>Check when....</b>   | <b>Medical Surveillance Content</b>   |
|---|---|---|
| Temperature Extremes  | Workers who are routinely exposed to temperature extremes or who wear full-body personal protective equipment | Initial/annual exam, review of health history   |
| Bloodborne Pathogens  | Occupational exposure to blood or body fluids visibly contaminated with blood                                 | Hepatitis B Vaccine (at employee's discretion)  |
| Lead  | Exposure > 30µg/m <sup>3</sup> as 8-TWA >30 days/year without regard to respirator use                        | Exam & baseline blood lead/ZPP levels (periodic based on-air sampling results.)         |
| Arsenic   | Exposure >5 µg/m <sup>3</sup> as 8-TWA ≥ 30 days/year without regard to respirator use                        | Physical exam and chest x-ray, initial/annual/termination                               |
| Crystalline Silica  | Use of respiratory protection for silica exposure ≥ 30 days per year  | Chest x-ray, lung function tests every 3 years  |
| Asbestos  | Any exposure or potential for exposure >Permissible Exposure Limit without regard to respirator use           | Initial/annual/termination (minimum of an exam and asbestos questionnaire, chest x-ray) |
| Beryllium   | RESERVED- Exposure to airborne beryllium  | RESERVED - Historical exposure monitoring indicates no airborne beryllium exposures     |
| HAZWOPER  | Designated as a HAZWOPER/ HAZMAT/TSD worker (refer to memorandum FBP-IOM-ESH&Q-19-0057)                       | Initial/annual/termination exam   |
| Chromium (VI)   | ≥2.5 µgm/m <sup>3</sup> 8-twa ≥30 days a year without regard to respirator use                                | Initial/annual/termination exam. Review of health history, skin, respiratory tract      |
| Other   | Substance Specific (consult OSHA and ACGIH exposure limits)   | As determined by exposure potential   |